

INDEX: MY SUPPORT SYSTEM

Use the space below to take note of your personal network and support system as you continue your self-discovery journey.

INDEX: MY VALUES

Use this space to note your personal values as you uncover valuable language and find clarity throughout your self-discovery journey.

INDEX: ENERGIZING WORDS

Use this space to note words that resonate with you and energize your passion throughout your self-discovery journey.

INDEX: MY PERSONAL MISSION STATEMENT

Use this space to draft your personal mission statement as you uncover energizing words and purpose throughout your self-discovery journey.

INDEX: MY TALENTS, TENDENCIES, STRENGTHS & WEAKNESSES

Use this space to take notes as you uncover important traits about you as an individual throughout your self-discovery journey.

Talents:

Tendencies:

Strengths:

Weaknesses:

INDEX: MY PASSIONS

Make note of your passions in life as you uncover them throughout your self-discovery journey.

INDEX: MY PRIDE

Make note of what brings you humble pride as you uncover truths throughout your self-discovery journey.

INDEX: MY PURPOSE

Make note of what, activities, people, environments and breakthroughs bring you a sense of purpose throughout your self-discovery journey.